

LCHF Teaching & Coaching Package

Product Code: MC-Educational-1

Price: \$497.00



Short Description

Educational Service

Description

- LCHF teaching education resources,
- Dropboxed PDF folder for you to download and use.
- Five 7-day LCHF menu plans (including vegan), plus all recipes, all shopping lists - to use and give patients as a guide for them to follow.
- Phone/online video; clinical coaching session - 3 sessions, 30 minutes each with Nicole Moore, founder of Menu Concepts, accredited dietitian/nutritionist.