Menu Concepts Shop - 453 Morphet Road
Oaklands Park, 5159, SA
Australia

Phone: - Email: mc-shop@menuconcepts.com.au

Phone/Skype Health Coaching - 1 Session

Product Code: MC-Coaching-1

Price: $145.00

Short Description

Coaching Service

Description

1 Session 20-30 minutes, Personal Coaching Service - Pay-As-You-Go

A single Skype/phone consult with an accredited dietitian. Motivation, education and support. Health coaching and wellness tools to create health and wellbeing. Includes meal ideas and PDF education sheets.